



Y Ganolfan  
Dysgu Cymraeg  
Genedlaethol —  
National Centre  
for Learning Welsh



## Amserlen / Timetable: Croeso 1 (Cwrteisi / Courtesy)

**Tachwedd 2026 / November 2026\***

Mae Croeso 1 yn gwrs byr awr a hanner o hyd dan arweiniad tiwtor, sydd wedi'i gynllunio i'ch helpu i ddechrau defnyddio Cymraeg syml yn y gweithle. Mae pob sesiwn am ddim ac yn agored i bawb sy'n gweithio ym maes iechyd a gofal cymdeithasol yng Nghymru.

Gweler amserlen mis Tachwedd isod. I gofrestru, dewiswch ddolen y cwrs yn y golofn olaf ar y dde ar gyfer y sesiwn yr hoffech ei mynychu. **Defnyddiwch eich cyfeiriad e-bost gwaith i gofrestru er mwyn i ni allu cadarnhau eich bod yn gymwys i gymryd rhan.** Os nad ydych yn gallu defnyddio eich cyfeiriad e-bost gwaith, cysylltwch â [iechydagofal@dysgucymraeg.cymru](mailto:iechydagofal@dysgucymraeg.cymru) ac fe wnawn ein gorau i'ch helpu.

### **ENGLISH:**

Croeso 1 is a short, tutor-led course lasting one and a half hours, designed to help you start using simple Welsh in the workplace. All sessions are free of charge and open to everyone working in health and social care in Wales.

View the November timetable below. To register, select the course link in the final column on the right for the session you wish to attend. **Please use your work e-mail to register so that we can verify your eligibility to join.** If you cannot use your work e-mail, contact [iechydagofal@dysgucymraeg.cymru](mailto:iechydagofal@dysgucymraeg.cymru) and we'll try to assist you.

### **Amserlen Tachwedd 2026 / November 2026 Timetable**

| Dyddiad<br>Date | Diwrnod<br>Day | Amser<br>Time | Cod Cwrs<br>Course Code  |
|-----------------|----------------|---------------|--------------------------|
| 05.11.26        | Iau / Thursday | 09:00 – 10:30 | <a href="#">gd-56220</a> |
| 05.11.26        | Iau / Thursday | 11:00 – 12:30 | <a href="#">gd-56221</a> |
| 05.11.26        | Iau / Thursday | 13:30 – 15:00 | <a href="#">gd-56222</a> |

\*Mae'r amserlen hon yn rhan o gynllun peilot ar gyfer ehangu darpariaeth y cyrsiau Croeso (Cwrteisi) 1 drwy Gymru.

\*This timetable is part of a pilot programme to expand the availability of Croeso (Courtesy) 1 courses across Wales.

| Dyddiad<br>Date | Diwrnod<br>Day      | Amser<br>Time | Cod Cwrs<br>Course Code  |
|-----------------|---------------------|---------------|--------------------------|
| 09.11.26        | Llun / Monday       | 09:00 – 10:30 | <a href="#">gd-56223</a> |
| 09.11.26        | Llun / Monday       | 11:00 – 12:30 | <a href="#">gd-56224</a> |
| 09.11.26        | Llun / Monday       | 13:30 – 15:00 | <a href="#">gd-56225</a> |
| 10.11.26        | Mawrth / Tuesday    | 09:00 – 10:30 | <a href="#">gd-56226</a> |
| 10.11.26        | Mawrth / Tuesday    | 11:00 – 12:30 | <a href="#">gd-56227</a> |
| 10.11.26        | Mawrth / Tuesday    | 13:30 – 15:00 | <a href="#">gd-56228</a> |
| 11.11.26        | Mercher / Wednesday | 11:00 – 12:30 | <a href="#">gd-56229</a> |
| 11.11.26        | Mercher / Wednesday | 13:30 – 15:00 | <a href="#">gd-56230</a> |
| 11.11.26        | Mercher / Wednesday | 18:30 - 20:00 | <a href="#">gd-56231</a> |
| 12.11.26        | Iau / Thursday      | 09:00 – 10:30 | <a href="#">gd-56232</a> |
| 12.11.26        | Iau / Thursday      | 11:00 – 12:30 | <a href="#">gd-56233</a> |
| 12.11.26        | Iau / Thursday      | 13:30 – 15:00 | <a href="#">gd-56234</a> |
| 16.11.26        | Llun / Monday       | 09:00 – 10:30 | <a href="#">gd-56235</a> |
| 16.11.26        | Llun / Monday       | 11:00 – 12:30 | <a href="#">gd-56236</a> |
| 16.11.26        | Llun / Monday       | 13:30 – 15:00 | <a href="#">gd-56237</a> |
| 17.11.26        | Mawrth / Tuesday    | 09:00 – 10:30 | <a href="#">gd-56238</a> |
| 17.11.26        | Mawrth / Tuesday    | 11:00 – 12:30 | <a href="#">gd-56239</a> |
| 17.11.26        | Mawrth / Tuesday    | 13:30 – 15:00 | <a href="#">gd-56240</a> |
| 18.11.26        | Mercher / Wednesday | 11:00 – 12:30 | <a href="#">gd-56241</a> |
| 18.11.26        | Mercher / Wednesday | 13:30 – 15:00 | <a href="#">gd-56242</a> |

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| <b>Dyddiad<br/>Date</b> | <b>Diwrnod<br/>Day</b> | <b>Amser<br/>Time</b> | <b>Cod Cwrs<br/>Course Code</b> |
|-------------------------|------------------------|-----------------------|---------------------------------|
| 18.11.26                | Mercher / Wednesday    | 18:30 - 20:00         | <a href="#">gd-56243</a>        |
| 19.11.26                | Iau / Thursday         | 09:00 – 10:30         | <a href="#">gd-56244</a>        |
| 19.11.26                | Iau / Thursday         | 11:00 – 12:30         | <a href="#">gd-56245</a>        |
| 19.11.26                | Iau / Thursday         | 13:30 – 15:00         | <a href="#">gd-56246</a>        |
| 23.11.26                | Llun / Monday          | 09:00 – 10:30         | <a href="#">gd-56247</a>        |
| 23.11.26                | Llun / Monday          | 11:00 – 12:30         | <a href="#">gd-56248</a>        |
| 23.11.26                | Llun / Monday          | 13:30 – 15:00         | <a href="#">gd-56249</a>        |
| 24.11.26                | Mawrth / Tuesday       | 09:00 – 10:30         | <a href="#">gd-56250</a>        |
| 24.11.26                | Mawrth / Tuesday       | 11:00 – 12:30         | <a href="#">gd-56251</a>        |
| 24.11.26                | Mawrth / Tuesday       | 13:30 – 15:00         | <a href="#">gd-56252</a>        |
| 25.11.26                | Mercher / Wednesday    | 11:00 – 12:30         | <a href="#">gd-56253</a>        |
| 25.11.26                | Mercher / Wednesday    | 13:30 – 15:00         | <a href="#">gd-56254</a>        |
| 25.11.26                | Mercher / Wednesday    | 18:30 - 20:00         | <a href="#">gd-56255</a>        |
| 26.11.26                | Iau / Thursday         | 09:00 – 10:30         | <a href="#">gd-56256</a>        |
| 26.11.26                | Iau / Thursday         | 11:00 – 12:30         | <a href="#">gd-56257</a>        |
| 26.11.26                | Iau / Thursday         | 13:30 – 15:00         | <a href="#">gd-56258</a>        |
| 30.11.26                | Llun / Monday          | 09:00 – 10:30         | <a href="#">gd-56259</a>        |
| 30.11.26                | Llun / Monday          | 11:00 – 12:30         | <a href="#">gd-56260</a>        |
| 30.11.26                | Llun / Monday          | 13:30 – 15:00         | <a href="#">gd-56261</a>        |

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